

2019-2020



Office of Addiction Services and Supports

The [Office of Addiction Services and Supports \(OASAS\)](#) oversees one of the nation's largest Substance Use Disorder systems of care in New York State with more than 1,600 prevention, treatment and recovery programs serving over 680,000 individuals per year. This includes the direct operation of 12 Addiction Treatment Centers where our doctors, nurses, and clinical staff provide inpatient and residential services to approximately 8,000 individuals per year. OASAS is the single designated state agency responsible for the coordination of state-federal relations in the area of addiction services. The mission of OASAS is to improve the lives of New Yorkers by leading a comprehensive system of addiction services for prevention, treatment, and recovery.

Road Recovery VirtualTrax Program (April 2020 – June 2020):

State Opioid Response grant (#2) from OASAS

In Year Two of the State Opioid Response grant from OASAS, 23 youth participated in Road Recovery's VirtualTrax Program. To measure the impact of the program, participants were asked to complete a survey on their recovery after the conclusion of the program. The survey was split into three sections: basic demographic information, their experience with the Virtual Trax Program, and how the program affected them and their recovery.

The three experience questions with the most positive responses were, "VirtualTrax allows me to be creative," "VirtualTrax accepts me as I am," and "VirtualTrax makes me feel supported by others." 96% of respondents answered either *Agree* or *Strongly Agree* to each of these questions. When asked to name three things that the VirtualTrax Program and Road Recovery had done to help them, written responses echoed the same themes of creativity, acceptance, and support. All respondents had answers that spoke to one or both themes. For example, some reported that the program helped them to "come out of their comfort zone," "create more," and "learn how to use creativity for healing purposes." Other respondents indicated acceptance and support by saying that participating in VirtualTrax made them feel "seen," "listened to," "encouraged," and "supported though the pandemic." - **Eric Shircliff, Ph.D, Research Scientist at Research Foundation for Mental Hygiene (RFMH) with NYS-Office of Addiction Services and Supports**

Road Recovery (In-Person) TraxProgram (April 2019 - March 2020):

State Opioid Response grant (#1) from OASAS

Overall, youth reported higher levels of agreement after successfully completing the TraxProgram. This indicates that they came out of the program feeling more confident and positive about themselves and their place in the recovery community than they did before...In addition to these results, every participant reported that the TraxProgram provided a safe place for them to express themselves and their feelings. Upon leaving the program, all the youth reported, with the sole exception of one "maybe," that they would participate in the program again or recommend it to a friend. Finally, when asked how Road Recovery made them feel successful, they responded with overwhelmingly positive statements like, "It made me feel successful and believe in myself more," and "It showed me I could do anything." - **Eric Shircliff, Ph.D, Research Scientist at Research Foundation for Mental Hygiene (RFMH) with NYS-Office of Addiction Services and Supports**